



## UNC CFAR Social and Behavioral Science Research Core Database

**INSTRUMENT TITLE:** ADQ: Abuse Disability Questionnaire

**SOURCE ARTICLE:** McNamara, J. & Fields, S. (2001). The Abuse Disability Questionnaire: Consistency and Validity Considerations in Two Samples. *Journal of Family Violence*. 16(1): 37-45

**POPULATION:** heterosexual, women

**RESPONSE OPTIONS:** 5-point Likert scale ranging from 0 (none) to 4 (excessive)

**SCORING:** Total amount of abuse experienced is the sum of the scores from the psychological/emotional, physical, and sexual abuse sections

### **SURVEY ITEMS:**

- 1) I feel trapped in my intimate relationships.
- 2) I feel unloved in my intimate relationships.
- 3) I feel unfulfilled in my intimate relationships.
- 4) I feel inadequate in my intimate relationships.
- 5) I feel unneeded in my intimate relationships.
- 6) I feel scared in my intimate relationships.
- 7) I feel unhappy in my intimate relationships.
- 8) I feel unappreciated in my intimate relationships.
- 9) I feel restricted in having enough social contact with family and friends.
- 10) I feel restricted in pursuing recreational activities (e.g., sports, hobbies).
- 11) I feel restricted in participating in daily contact with other people.

### **TERMS OF USE:**

Individuals may use this information for research or educational purposes only and may not use this information for commercial purposes. When using this instrument, please cite:

McNamara, J. & Fields, S. (2001). The Abuse Disability Questionnaire: Consistency and Validity Considerations in Two Samples. *Journal of Family Violence*. 16(1): 37-45

When presenting results using any survey information you obtained from the SABI, please acknowledge the University of North Carolina at Chapel Hill Center for AIDS Research (CFAR), an NIH funded program P30 AI50410.



## **UNC CFAR Social and Behavioral Science Research Core Database**

- 12) I feel restricted in obtaining employment and working outside the home.
- 13) I feel restricted in not being able to improve myself through education or other positive experiences.
- 14) I feel like I don't have any control over my life.
- 15) I feel like I'm not going anywhere in my life.
- 16) I believe I am unattractive.
- 17) I believe I have a weight problem.
- 18) I believe I am not in good physical condition.
- 19) I believe I take too many drugs.
- 20) I believe I smoke too much.
- 21) I believe I drink too much alcohol.
- 22) I believe my health is deteriorating.
- 23) I believe I don't enjoy life as much as I could.
- 24) I believe I worry too much.
- 25) I believe I'm often depressed.
- 26) I believe I'm too anxious.
- 27) I believe I experience too much physical pain.
- 28) I believe I experience too much psychological distress.
- 29) I believe my personal safety is in jeopardy.
- 30) I believe I'm not as good as everybody else.

**RELIABILITY INFORMATION:** Cronbach's  $\alpha = 0.91$  (combined)

**VALIDITY INFORMATION:** Content Validity reported

### **TERMS OF USE:**

Individuals may use this information for research or educational purposes only and may not use this information for commercial purposes. When using this instrument, please cite:

McNamara, J. & Fields, S. (2001). The Abuse Disability Questionnaire: Consistency and Validity Considerations in Two Samples. *Journal of Family Violence*. 16(1): 37-45

When presenting results using any survey information you obtained from the SABI, please acknowledge the University of North Carolina at Chapel Hill Center for AIDS Research (CFAR), an NIH funded program P30 AI50410.